



NORTH CAROLINA RAW
RECORD
CERTIFICATE

THIS CERTIFIES THAT
HEATHER CONNOR
SUCCESSFULLY SET THE
-47 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF
75 KG

2022 FFFORCE GIRL POWER
10/15/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA