



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

CLAUDE WELCOME

**SUCCESSFULLY SET THE
-93 KG MASTER 4 BENCH PRESS SINGLE LIFT
RECORD OF**

140.5 KG

**19TH PAN AMERICAN BENCH PRESS CHAMPIONSHIPS
10/28/2022**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

