

**OHIO RAW** 

## RECORD CERTIFICATE

THIS CERTIFIES THAT **CATHERINE WIDAY** 

SUCCESSFULLY SET THE -84 KG OPEN BENCH PRESS SINGLE LIFT RECORD OF

95 KG

2022 IPF 7TH WORLD UNIVERSITY POWERLIFTING CUP 10/31/2022

ROBERT KELLER PRESIDENT, POWERLIFTING AMERICA

Robert Keller Bill Helmich

BILL HELMICH VP. POWERLIFTING AMERICA