



**OHIO RAW**

# **RECORD**

## **CERTIFICATE**

**THIS CERTIFIES THAT**  
**JARRETT NOWAK**

**SUCCESSFULLY SET THE**  
**-93 KG JUNIOR BENCH PRESS SINGLE LIFT**  
**RECORD OF**  
**147.5 KG**

**2022 IPF 7TH WORLD UNIVERSITY POWERLIFTING CUP**  
**10/31/2022**



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA