

**OHIO RAW** 

## RECORD CERTIFICATE

THIS CERTIFIES THAT Jarrett Nowak

SUCCESSFULLY SET THE -93 KG JUNIOR BENCH PRESS SINGLE LIFT RECORD OF

147.5 KG

2022 IPF 7TH WORLD UNIVERSITY POWERLIFTING CUP 10/31/2022

ROBERT KELLER PRESIDENT, POWERLIFTING AMERICA

Robert Keller Bill Helmich

BILL HELMICH VP. POWERLIFTING AMERICA