



NORTH CAROLINA EQUIPPED  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**LINDSAY SEAMANS**  
SUCCESSFULLY SET THE  
-47 KG OPEN SQUAT  
RECORD OF  
**127.5 KG**

2022 WORLD OPEN EQUIPPED CHAMPIONSHIPS  
11/14/2022



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA