



NORTH CAROLINA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

JARRED JAMES

**SUCCESSFULLY SET THE
-120 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF**

182.5 KG

**2022 MARYLAND HOLIDAY CLASSIC
12/10/2022**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

