



**VIRGINIA RAW**

# **RECORD**

## **CERTIFICATE**

**THIS CERTIFIES THAT**  
**AMANDA ELLIS**

**SUCCESSFULLY SET THE**  
**-69 KG OPEN SQUAT**  
**RECORD OF**  
**137.5 KG**

**2022 MARYLAND HOLIDAY CLASSIC**  
**12/10/2022**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

