



LOUISIANA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**SAM MAYARD**

SUCCESSFULLY SET THE  
-105 KG JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF

**147.5 KG**

MISSISSIPPI OPEN  
12/10/2022

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

