



LOUISIANA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

SAM MAYARD

SUCCESSFULLY SET THE
-105 KG JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF

147.5 KG

MISSISSIPPI OPEN
12/10/2022

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

