



LOUISIANA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
CAROLINA ALVARADO
SUCCESSFULLY SET THE
-47 KG OPEN DEADLIFT
RECORD OF
135 KG

MISSISSIPPI OPEN
12/10/2022

A stylized signature of Robert Keller in a dark blue, cursive font.

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

A stylized signature of Bill Helmich in a dark blue, cursive font.

BILL HELMICH
VP, POWERLIFTING AMERICA

