



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

JOHN LAFLAMME

SUCCESSFULLY SET THE
-83 KG MASTER 4 BENCH PRESS
RECORD OF

107.5 KG

FIRST ANNUAL BRICK CITY OPEN
03/18/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA