



**FLORIDA RAW**

# **RECORD**

## **CERTIFICATE**

**THIS CERTIFIES THAT**  
**JOHN LAFLAMME**  
**SUCCESSFULLY SET THE**  
**-83 KG MASTER 3 TOTAL**  
**RECORD OF**  
**525 KG**

**FIRST ANNUAL BRICK CITY OPEN**  
**03/18/2023**



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA