



**MICHIGAN RAW**

# **RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**RICHARD PABEN**

**SUCCESSFULLY SET THE  
-83 KG JUNIOR SQUAT  
RECORD OF**

**205 KG**

**2023 HIGH SCHOOL NATIONALS  
03/31/2023**



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA