



PENNSYLVANIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

EMILY NIES

**SUCCESSFULLY SET THE
-57 KG SUB JUNIOR SQUAT
RECORD OF**

95 KG

**2023 HIGH SCHOOL NATIONALS
03/31/2023**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

