



VIRGINIA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
ADAM MAMOLA
SUCCESSFULLY SET THE
-93 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
295 KG

IPF WORLD EQUIPPED BENCH PRESS CHAMPIONSHIPS 2023
05/20/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA