



NATIONAL RAW RECORD

RECORD

CERTIFICATE

**THIS CERTIFIES THAT
JAMAAL GRIMES**

**SUCCESSFULLY SET THE
-74 KG MASTER 1 DEADLIFT
RECORD OF**

300 KG

**2023 CLASSIC SUB-JUNIOR, JUNIOR, AND MASTER NATIONALS
06/02/2023**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

