



FLORIDA RAW

# RECORD

CERTIFICATE

THIS CERTIFIES THAT

**JOHN LAFLAMME**

SUCCESSFULLY SET THE  
-83 KG MASTER 2 TOTAL  
RECORD OF

**526.5 KG**

2023 CLASSIC SUB-JUNIOR, JUNIOR, AND MASTER NATIONALS  
06/02/2023

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA

