



FLORIDA RAW

RECORD

CERTIFICATE

**THIS CERTIFIES THAT
NICOLAS GAINES**

**SUCCESSFULLY SET THE
-74 KG SUB JUNIOR BENCH PRESS
RECORD OF**

132.5 KG

**2023 CLASSIC SUB-JUNIOR, JUNIOR, AND MASTER NATIONALS
06/02/2023**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

