



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
NICOLAS GAINES

SUCCESSFULLY SET THE
-74 KG SUB JUNIOR SQUAT
RECORD OF

220 KG

2023 CLASSIC SUB-JUNIOR, JUNIOR, AND MASTER NATIONALS
06/02/2023

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

