



# PENNSYLVANIA RAW RECORD CERTIFICATE

THIS CERTIFIES THAT  
**CATHY AVERY**  
SUCCESSFULLY SET THE  
-63 KG MASTER 1 SQUAT  
RECORD OF  
**135 KG**

2023 CLASSIC SUB-JUNIOR, JUNIOR, AND MASTER NATIONALS  
06/02/2023



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA