



PENNSYLVANIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
RUSSELL MCDONNELL
SUCCESSFULLY SET THE
-105 KG MASTER 2 BENCH PRESS
RECORD OF
137.5 KG

2023 CLASSIC SUB-JUNIOR, JUNIOR, AND MASTER NATIONALS
06/02/2023



ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA



BILL HELMICH
VP, POWERLIFTING AMERICA

