



**NATIONAL EQUIPPED RECORD**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**KELSEY MCCARTHY**

**SUCCESSFULLY SET THE  
-69 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF**

**178 KG**

**2023 EQUIPPED NATIONALS  
06/04/2023**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

