



ARIZONA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**MATTHEW TWIST**  
SUCCESSFULLY SET THE  
-74 KG SUB JUNIOR SQUAT  
RECORD OF  
**182.5 KG**

POWERLIFTING AMERICA IN THE PINES  
07/15/2023



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA



*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

