



**MASSACHUSETTS RAW**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**AVA LACASSE**

**SUCCESSFULLY SET THE  
-69 KG SUB JUNIOR SQUAT  
RECORD OF**

**115 KG**

**20TH ANNUAL NAPF NORTH AMERICAN REGIONAL POWERLIFTING CHAMPIONS  
08/07/2023**



*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA