

**NEVADA RAW** 

## RECORD CERTIFICATE

THIS CERTIFIES THAT DAFYDD HERICO

SUCCESSFULLY SET THE -83 KG JUNIOR BENCH PRESS RECORD OF

152.5 KG

20TH ANNUAL NAPF NORTH AMERICAN REGIONAL POWERLIFTING CHAMPIONS 08/07/2023



Robert Keller Bill Helmich

ROBERT KELLER PRESIDENT, POWERLIFTING AMERICA

BILL HELMICH VP. POWERLIFTING AMERICA