



NEVADA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**DAFYDD HERICO**

SUCCESSFULLY SET THE  
-83 KG JUNIOR BENCH PRESS  
RECORD OF  
**152.5 KG**

20TH ANNUAL NAPF NORTH AMERICAN REGIONAL POWERLIFTING CHAMPIONS  
08/07/2023



A stylized signature of Robert Keller in a dark blue, cursive font.

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**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA



A stylized signature of Bill Helmich in a dark blue, cursive font.

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**BILL HELMICH**  
VP, POWERLIFTING AMERICA

