



IOWA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**SHANE HEYWOOD**

SUCCESSFULLY SET THE  
-93 KG MASTER 1 BENCH PRESS SINGLE LIFT  
RECORD OF

**155 KG**

2023 PATRIOT OPEN  
08/19/2023

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

