



**IDAHO RAW**

# **RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**CONNOR HEIM**

**SUCCESSFULLY SET THE  
-83 KG JUNIOR BENCH PRESS  
RECORD OF**

**175 KG**

**2023 WORLD JUNIORS AND SUB-JUNIORS CHAMPIONSHIPS (USA)  
08/24/2023**

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA

