



VIRGINIA RAW

RECORD

CERTIFICATE

**THIS CERTIFIES THAT
JAMAAL GRIMES**

**SUCCESSFULLY SET THE
-74 KG MASTER 1 TOTAL
RECORD OF
655.5 KG**

**WORLD CLASSIC & EQUIPPED MASTERS POWERLIFTING CHAMPIONSHIPS
10/08/2023**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA