



KANSAS RAW

RECORD

CERTIFICATE

**THIS CERTIFIES THAT
TERRIN HOWARD**

**SUCCESSFULLY SET THE
-105 KG JUNIOR SQUAT
RECORD OF
240 KG**

**2023 OTTAWA IRON WARS
10/07/2023**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA