



IOWA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

SHANE HEYWOOD

SUCCESSFULLY SET THE
-83 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF

155 KG

INAUGURAL MIDWEST OPEN
05/07/2022

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

