



**OHIO RAW**

# **RECORD**

## **CERTIFICATE**

**THIS CERTIFIES THAT**

**KYLE NOWAK**

**SUCCESSFULLY SET THE  
-74 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF**

**145 KG**

**ELITE SEASON CLASSIC II  
10/28/2023**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

